



Urban Health Programme



Centre for Community Medicine

All India Institute of Medical Sciences

New Delhi



AIIMS



Centre for Community Medicine (C.C.M.)

Urban Health Programme (New Delhi)

Rural Health Programme (CRHSP Ballabgarh)

Urban Field Practice Area (Ambedkar Nagar)

PHC Dayalpur

PHC Chhainsa

AIDS Education & Training Cell (AETC)

NSS Unit



Together We Can Prevent AIDS!

Faculties at Centre for Community Medicine



Dr. Shashi Kant
Professor and Head



Dr. Sanjeev K. Gupta
Professor



Dr. Kiran Goswami
Professor



Dr. K. Anand
Professor



Dr. Baridalyne N.
Professor



Dr. Puneet Misra
Professor



Dr. Sanjay K. Rai
Professor



Dr. Y.S. Kusuma
Associate Professor



Dr. Kapil Yadav
Associate Professor



Dr. Sumit Malhotra
Associate professor



Dr. Anil K. Goswami
Associate Professor



Dr. Partha Haldar
Assistant Professor



Dr. Ravneet Kaur
Assistant Professor

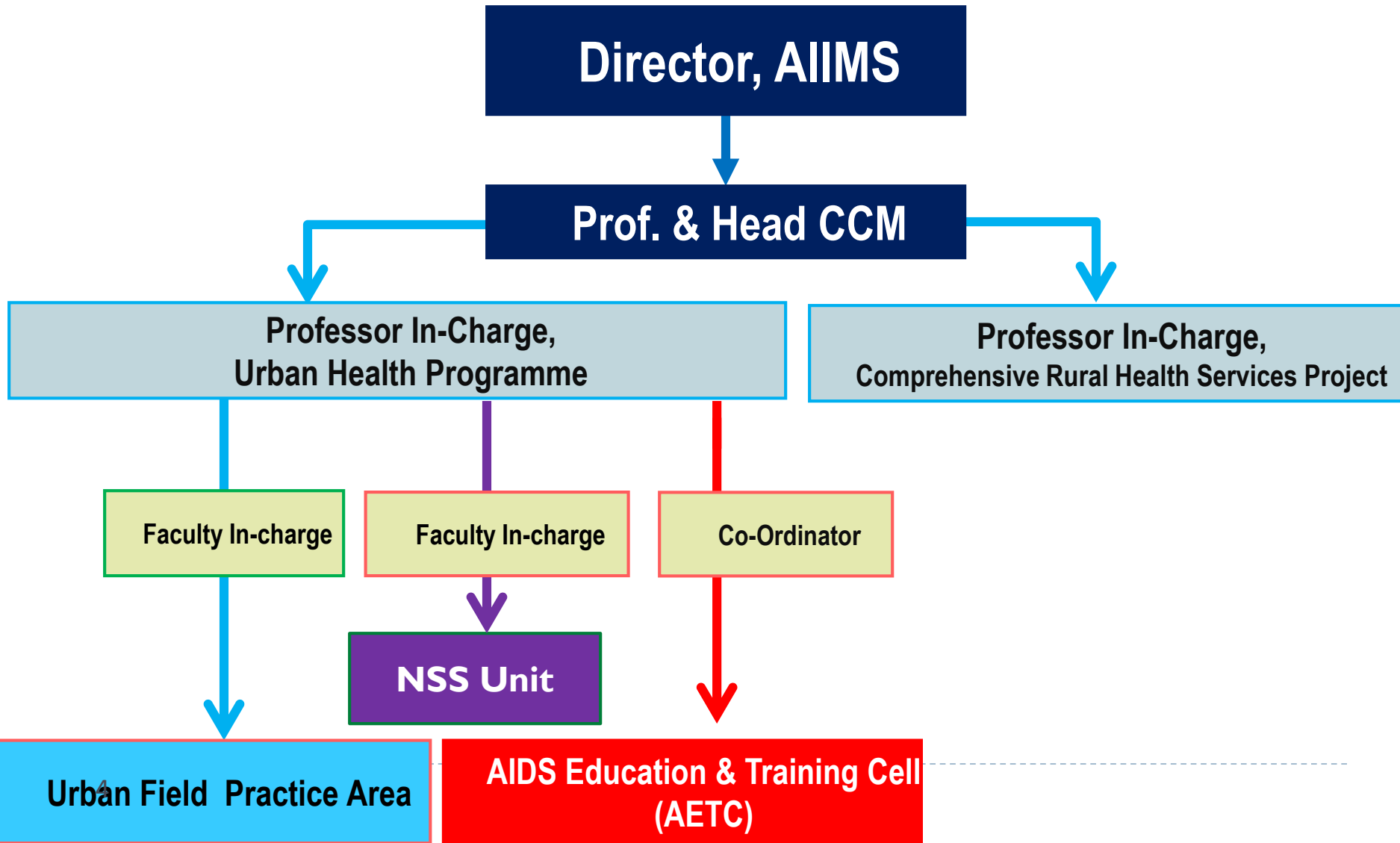


Dr. Harshal Ramesh Salve
Assistant Professor



Dr. Rakesh Kumar
Assistant Professor

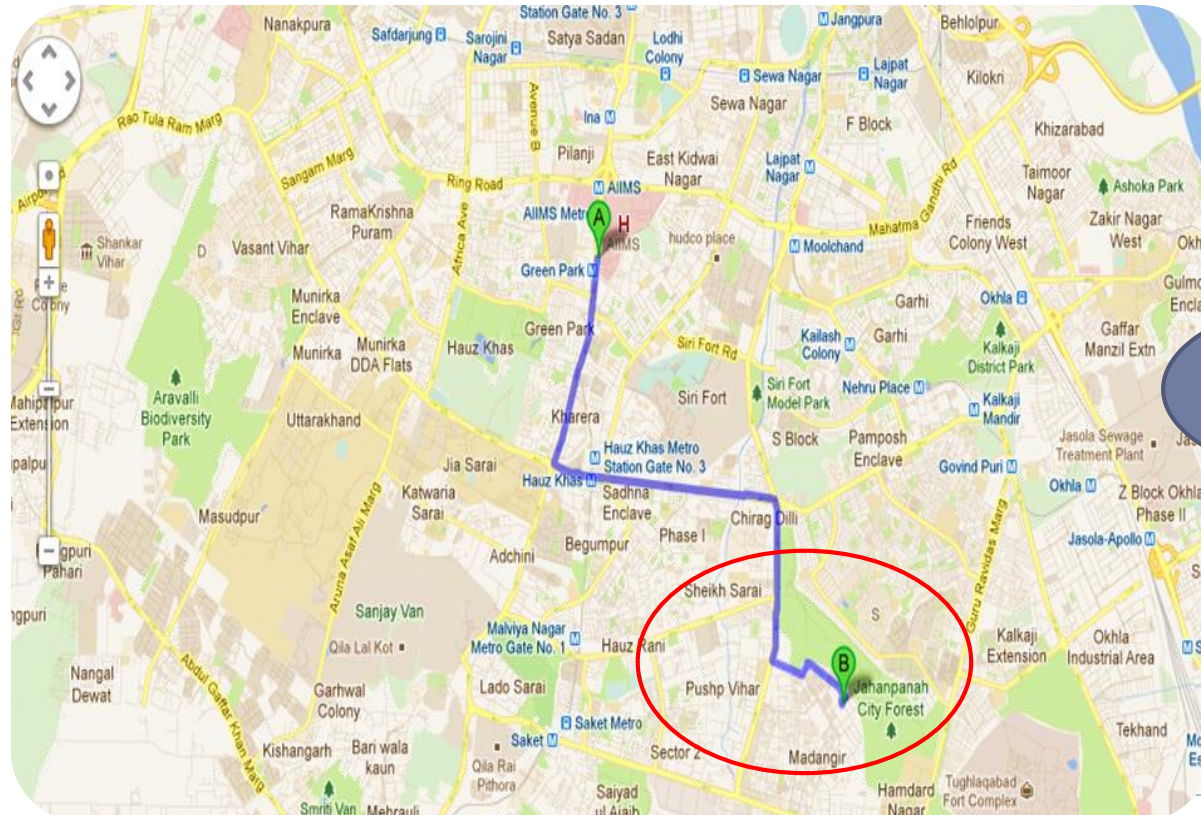
Administrative Structure



Urban field practice area

Urban Field Practice Area

- ▶ **Dr. Ambedkar Nagar, Dakshinpuri Extension**
- ▶ **A resettlement colony in S. Delhi, constitutes of ~60,000 population**



8 Km from AIIMS

Patient Care Services: **General OPD services**

- ▶ **Started since 2 Oct 2002**
- ▶ **Staff constitutes**
 - ▶ **Senior resident – 1**
 - ▶ **Junior residents – 6**
 - ▶ **Support staff including Medical Social Service Officer, Pharmacist, PHN supervisor, Nurses, Health Assistants, LT and attendants**



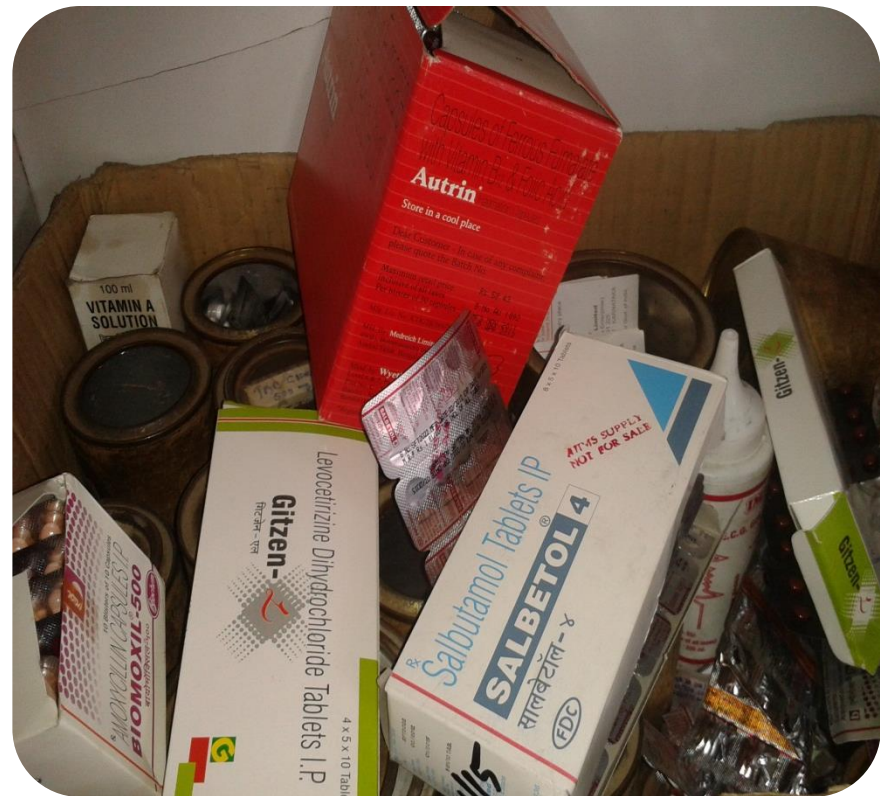
Patient Care Services: **General OPD services**

- ▶ **Visits to Urban field practice area, Dr Ambedkar Nagar 5 days a week except Tuesday & Sunday**
- ▶ **Registration timings: 10:00 am to 11:00 am**
- ▶ **Provides General Out patient services including**
 - **Preventive**
 - **Promotive**
 - **Curative**



Patient Care Services: **Free Medicines**

- ▶ Free medicines provided to all Outdoor patients



Patient Care Services: **ANC services**

- ▶ **ANC check ups**
 - 2 days a week- Thursday & Saturday
- ▶ **Services**
 - ▶ Registration
 - ▶ BP, Height & Weight
 - ▶ Abdominal examinations,
 - ▶ Hb, Blood sugar, Urine albumin
 - ▶ TT vaccination
 - ▶ Identification of danger signs
 - ▶ Motivation & counseling for institutional delivery and referring for booking



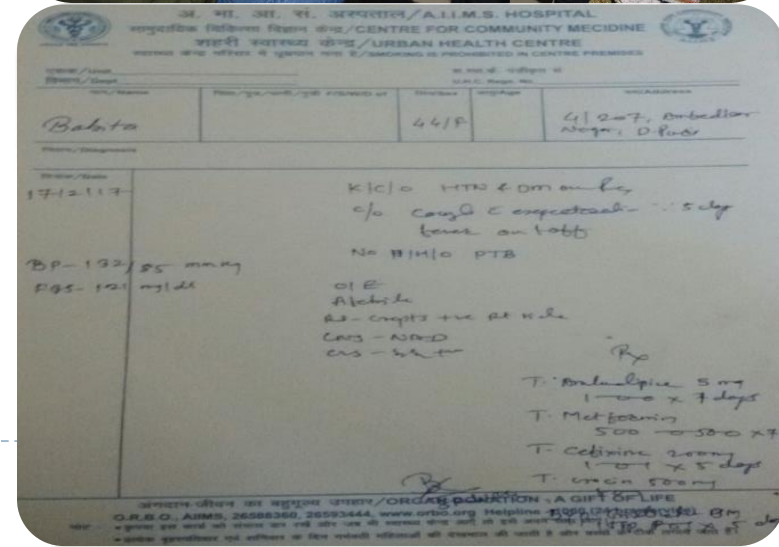
Patient Care Services: **Immunization services**

- ▶ **2 Days/ week**
 - ▶ **Thursday & Saturday**
- ▶ **50-80 Children/ Immunization Day**
- ▶ **Available vaccines**
 - ▶ **BCG**
 - ▶ **IPV/ OPV**
 - ▶ **Pentavalent/DPT**
 - ▶ **Hepatitis B**
 - ▶ **Measles**
 - ▶ **MMR**
 - ▶ **Typhoid**
 - ▶ **TT**
 - ▶ **Vitamin A**



Patient Care Services: Referral Services

- ▶ Rotary Charitable Trust Clinic
- ▶ DOTS Centre, J Block Dispensary, Dakshin Puri
- ▶ LRS TB & Respiratory Diseases Mehrauli,
- ▶ Malviya Nagar Hospital,
- ▶ Safdarjung Hospital
- ▶ AIIMS.



Patient Care Services: Lab Services

- ▶ **Hemoglobin test**
(Hemocue method)
- ▶ **Rapid diagnostic test**
(Malaria)
- ▶ **Blood sugar**
- ▶ **Urine pregnancy test**
- ▶ **Urine albumin & sugar test**



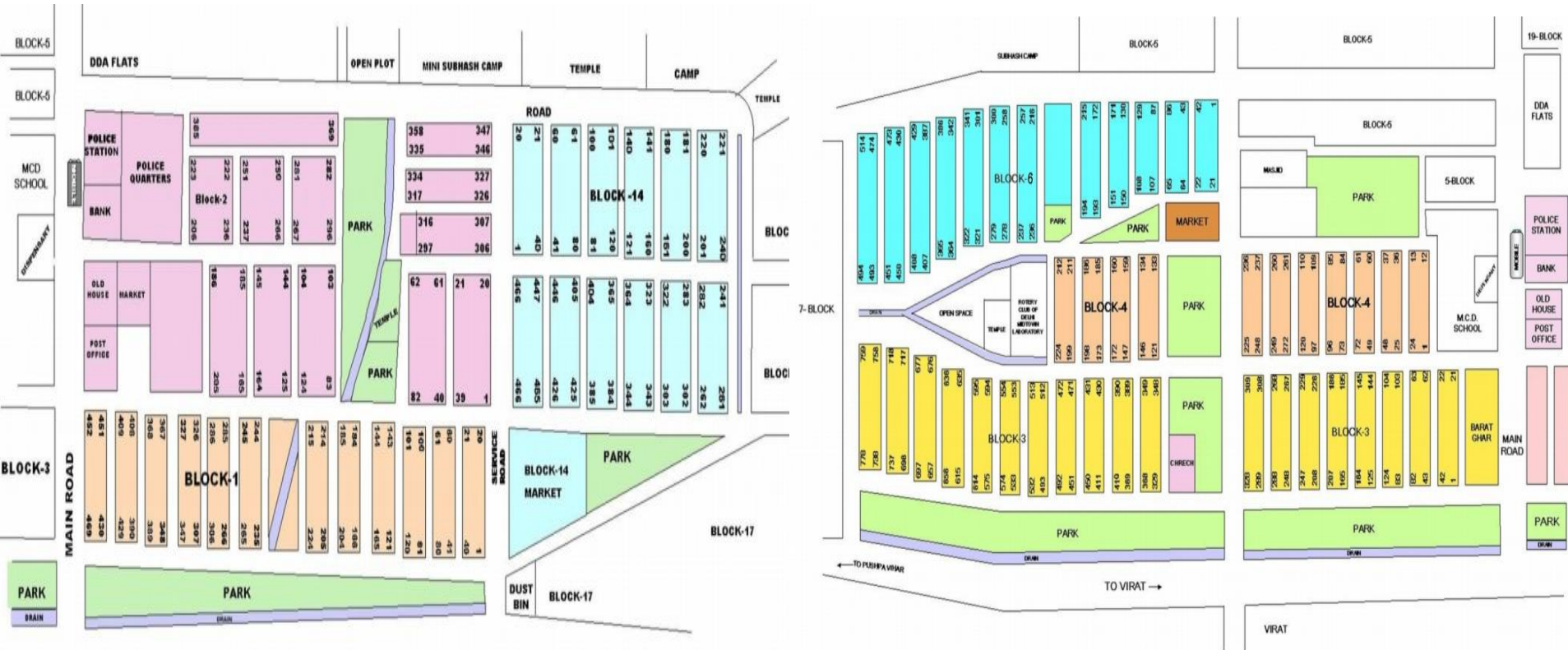
Patient Care Services: **Pulse Polio Activities**

- ▶ **National Immunization Days**
- ▶ **Sub- National Immunization Days**



Domiciliary Care Services

- ▶ Providing domiciliary care services to Block- 1,2,3,4,6 & 14 by health workers (2 male & 2 female)





BLOCK-5

BLOCK-5

MCD SCHOOL

DISPENSARY

BLOCK-3

PARK
DRAIN

DDA FLATS

OPEN PLOT

MINI SUBHASH CAMP

TEMPLE

CAMP

TEMPLE

POLICE STATION
POLICE QUARTERS
BANK

Block-2

385	282	250	281	282	369
223	222	251	250	281	282
206	236	237	266	267	296

PARK

TEMPLE

PARK

358	347
335	346
334	327
317	326
316	307
297	306
62	61
21	20
82	40
39	1

ROAD

BLOCK-14

21	61	101	141	181	221	261
20	60	100	140	180	220	260
40	80	120	160	200	240	280
1	41	81	121	161	201	241
447	405	365	323	283	241	201
466	446	404	364	322	282	262
485	425	384	343	302	261	261
466	426	385	344	303	262	261

BLOCK-15

BLOCK-15

OLD HOUSE
MARKET
POST OFFICE

186	185	145	144	104	103	83
205	185	164	125	124	83	83

BLOCK-1

451	408	367	326	285	244	214	184	143	100	20
452	409	368	327	286	245	215	185	144	101	21
430	390	348	307	266	225	205	166	121	81	1
469	429	389	347	306	265	224	186	165	80	40
									61	41
									101	20
									120	81

BLOCK-14 MARKET

PARK

BLOCK-17

DUST BIN
BLOCK-17



Family Health Advisory Services

- ▶ Providing Family health advisory services by
 - ▶ MBBS students &
 - ▶ Junior residents (MD students)
 - ▶ MSSO and other support staff



Teaching & Training

- ▶ **Used for**
 - ▶ **Teaching & training of**
 - **MBBS students**
 - **Nursing students**
 - **MD students**
 - ▶ **Research in various social and health issues**



Intensive IEC Activities

- ▶ Intensive IEC activities in Field practice area
 - ▶ Health talks
 - ▶ Health exhibitions
 - ▶ Well baby show
 - ▶ Street play



Intensive IEC Activities: **Health Talks**

- ▶ **Health talks given on various health issues**
 - ▶ **Dental & oral Hygiene**
 - ▶ **Hand wash practices**
 - ▶ **Personal hygiene**
 - ▶ **Breast feeding Practices**
 - ▶ **Prevention from Seasonal illness**
 - ▶ **Diarrhoea and ORS**



Intensive IEC Activities: **Health Exhibitions**

- ▶ Leprosy Day
- ▶ World TB Day
- ▶ World No Tobacco Day
- ▶ World Environment Day
- ▶ Mother's Day
- ▶ World Population Day
- ▶ Father's Day
- ▶ Breast Feeding Week
- ▶ World Diabetes Day
- ▶ National ORS Day
- ▶ World Rabies Day
- ▶ World Breast Feeding Day
- ▶ Mosquito day
- ▶ International Literacy Day
- ▶ Daughter's Day
- ▶ World AIDS Day,
- ▶ World Hepatitis Day
- ▶ International day against Drug Abuse and Illicit Trafficking



Intensive IEC Activities

Well Baby Show



Intensive IEC Activities

Street Play



Achievements of Patient Care Services

Services in Urban Health Programme 2015-16

Family planning services	Beneficiaries (No.)
OCPs distributed	48
Condoms distributed	2290
Motivated & referred for	
MTP	8
Cu-T	32
MTP & Cu-T (both)	7
Tubectomy	126



Services in Urban Health Programme 2015-16

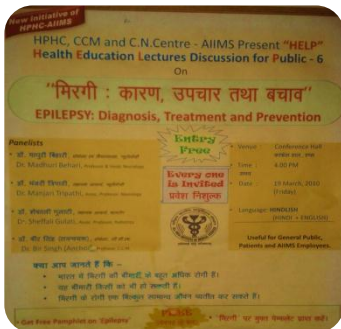
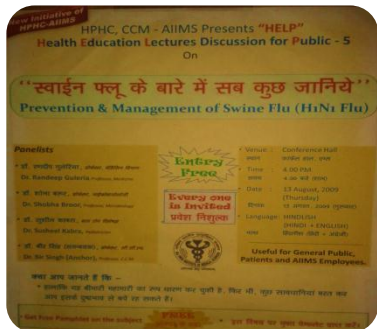
Laboratory testing facilities	Number
Total no. of lab tests performed	3667
Hb Test	1460
Malaria Test	174
Blood Sugar	1827
UPT	10
Urine albumin & sugar	40



Health Promotion Activities

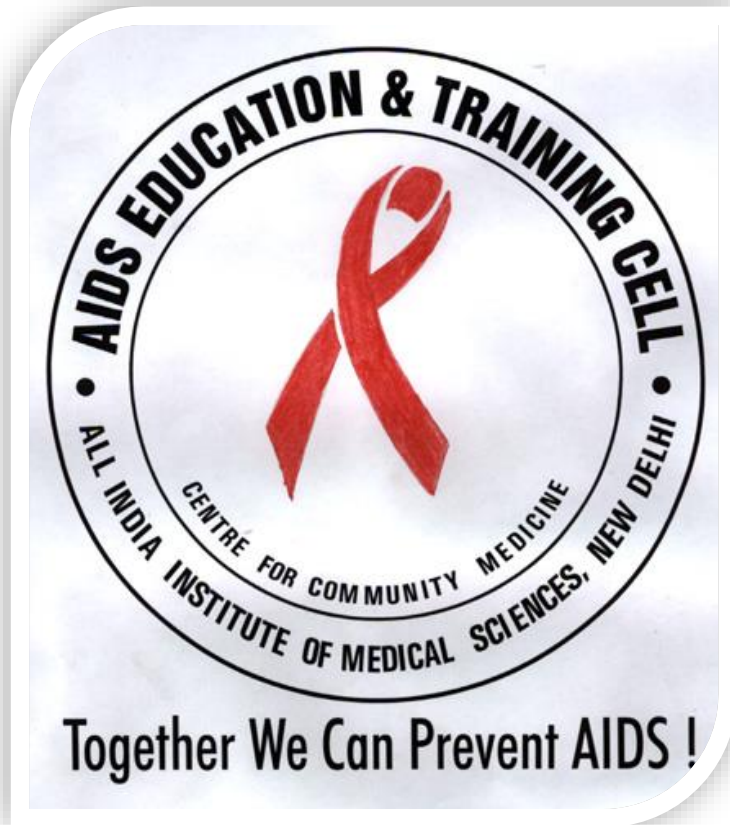
Health Promotion Activities

- ▶ **HELPS (Health Education Lecture-discussions for Public)**
 - ❑ High blood pressure and heart attack
 - ❑ Diabetes: A sweet killer!
 - ❑ Stroke: Diagnosis, Treatment and prevention
 - ❑ Kidney failure and Kidney transplant
 - ❑ Prevention and Management of Swine Flu(H1N1 FLU)
 - ❑ Epilepsy : Diagnosis, Treatment and Prevention



**AIDS Education & Training Cell
(AETC)**

AIDS Education & Training Cell



Organizes information & education activities for creating awareness about **HIV/AIDS** amongst the **general population especially**

- ▶ Youth
- ▶ Students
- ▶ People from poor communities

Since November 1998

AIDS Education & Training Cell

Services

▶ Awareness & IEC

- ▶ Produces books/booklet on HIV/AIDS STDs etc. and distributes free of cost all over India and abroad

▶ Counseling Services

- ▶ Pre test & Post test counseling
- ▶ Care of people living with HIV/AIDS (PLWHAs) including ART counseling



AIDS Education & Training Cell

Services

- ▶ **Trainings**
 - ▶ Training programmes on HIV/AIDS for students, teachers ,NGOs, Grass root level workers, Health Workers.
- ▶ **Advocacy programmes**
- ▶ **Technical Resource**
- ▶ **Networking**



AIDS Education & Training Cell

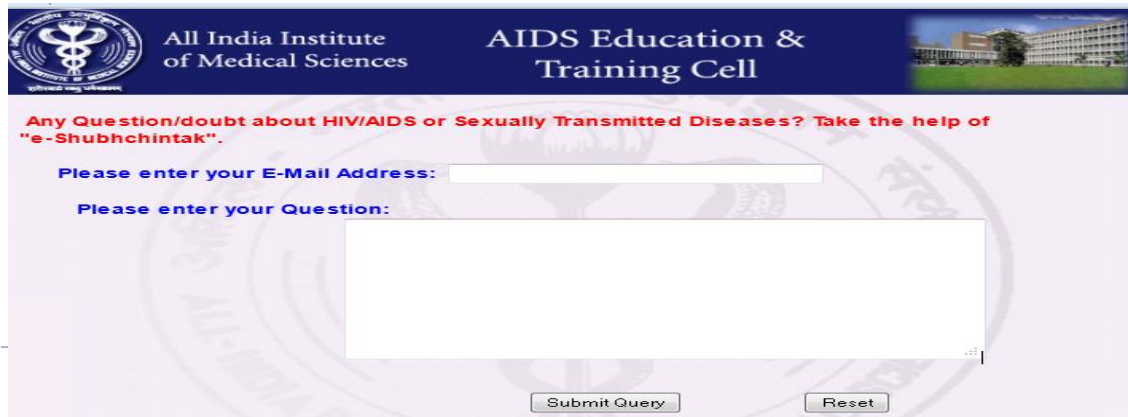
▶ Helplines

▶ Telephonic helpline **"Shubhchintak"**

- ▶ ☎: +91-11- 265 88 333
- ▶ Timings: 10AM to 5PM on all working days
- ▶ Answers queries regarding HIV/AIDS, sexuality issues and problems and family-life education
- ▶ Since 1 December 1998 (World AIDS Day)

▶ Internet helpline **"e-Shubhchintak"**

- ▶ <http://aiims.edu/aiims/aidscell/aids-q.html>



The screenshot shows the web interface for the AIDS Education & Training Cell. At the top, there is a dark blue header with the All India Institute of Medical Sciences logo on the left, the text "All India Institute of Medical Sciences" and "AIDS Education & Training Cell" in the center, and a small image of a building on the right. Below the header, a red banner reads: "Any Question/doubt about HIV/AIDS or Sexually Transmitted Diseases? Take the help of 'e-Shubhchintak'". The main form area has a light purple background with a large, faint watermark of the AIIMS logo. It contains two input fields: "Please enter your E-Mail Address:" followed by a text box, and "Please enter your Question:" followed by a larger text area. At the bottom of the form, there are two buttons: "Submit Query" and "Reset".

IEC Material of AETC & Health Promotion



National Service Scheme (NSS) Unit

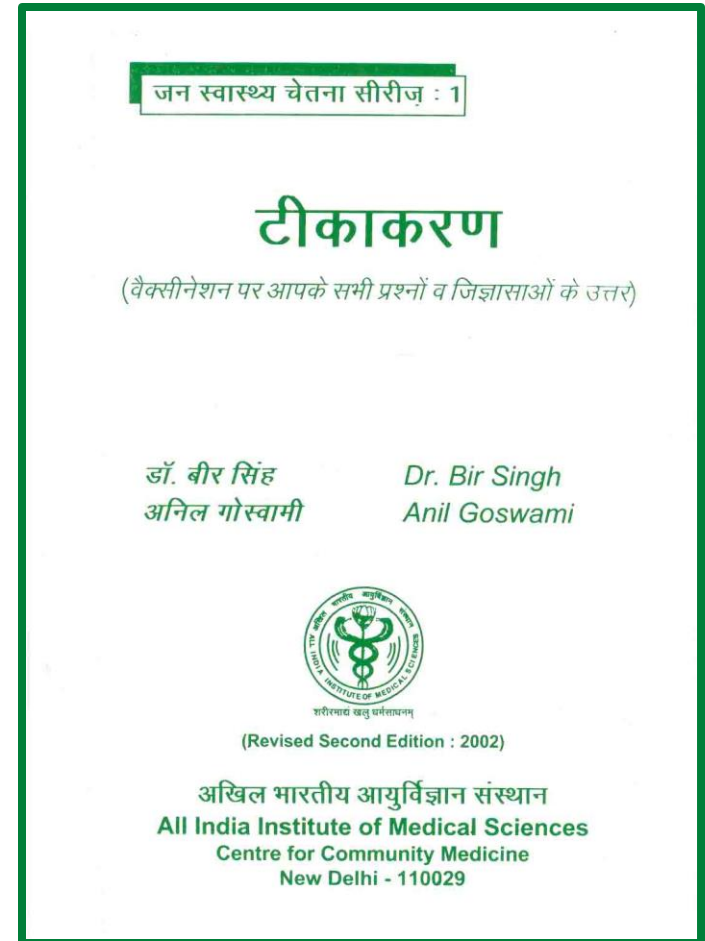
National Service Scheme (NSS) Unit

- ▶ **The AIIMS Unit organizes the following activities on regular basis:**
 - ▶ **Health Camps in slums**
 - ▶ **Health Education Talks**
 - ▶ **Health Education Role Plays**
 - ▶ **Baby Shows**
 - ▶ **Immunization Clinics**
 - ▶ **Blood Donation Camps in Colleges & Communities**



National Service Scheme (NSS) Unit

- ▶ **Publication of Health Education Materials**
- ▶ **Observance of all important health related National, International & World Days.**
- ▶ **Training Programmes on health:**
 - ▶ **HIV/AIDS, STDs**
 - ▶ **Basic Orientation Course in Community Health**





Urban Health Matters

(World Health Day, 2010)

